

SOCIAL PRESCRIBING

Improving wellbeing by connecting to non-clinical services and support

Social Prescribers help connect patients to a range of services including:

- Accessing social activities and support groups
- Befriending services
- Transport
- Signposting to housing, benefits and financial matters
- Finding out about volunteering opportunities

An important element of the work of each Social Prescriber is the conversations they have with patients making them feel supported and to build confidence. By giving patients time, Becky will work with them to discover what services will best suit their needs.

The service offers appointments for anyone 13+ including:

- People with anxiety or depression
- Long term conditions, preventing them to lead a good quality of life
- Socially isolated with little contact or support
- Those out of work or unable to work
- Parents
- Carers/ex-carers

If you would like to speak with Becky Sultana please call your surgery on the main reception telephone number and an appointment will be arranged

